


Great Dublin Bike Ride - Sunday 23rd September 2018

Route - 105km

Miles		KM		Route			Wave 1			Wave 2			
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h	
0.0	64.0	0.0	103.0	Baggot Street Lower - Bank of Ireland		Start	Start	8:00	8:00	8:00	8:15	8:15	8:15
0.1	63.9	0.2	102.8	Dir. Grand Canal Dock, Herbert Place	Traffic Lights before Bridge	Left	8:00	8:00	8:00	8:15	8:15	8:15	
0.3	63.7	0.5	102.5	Dir. Grand Canal Dock, Warrington Place	Traffic Lights at Crossroads	Straight	8:01	8:01	8:01	8:16	8:16	8:16	
0.4	63.6	0.6	102.4	Dir. Grand Canal Dock, Clanwilliam Place	Traffic Lights at Crossroads	Straight	8:02	8:01	8:01	8:17	8:16	8:16	
0.5	63.5	0.8	102.2	Dir. City Centre, Grand Canal Street Lower, R815	Traffic Lights at T-Junction	Left	8:02	8:02	8:01	8:17	8:17	8:16	
0.6	63.4	1.0	102.0	Dir. City Centre, Macken Street	Traffic Lights at T-Junction	Right	8:03	8:02	8:02	8:18	8:17	8:17	
0.8	63.2	1.3	101.7	Dir. City Centre, Macken Street	Traffic Lights at Crossroads	Straight	8:04	8:03	8:02	8:19	8:18	8:17	
0.9	63.1	1.4	101.5	At Bord Gais Energy Theatre	Traffic Lights	Straight	8:04	8:03	8:03	8:19	8:18	8:18	
1.1	62.9	1.8	101.2	Dir. City Centre, Sir John Rogerson's Quay	Traffic Lights at T-Junction	Left	8:05	8:04	8:03	8:20	8:19	8:18	
1.1	62.9	1.8	101.2	Dir. City Centre, Samuel Beckett Bridge	Traffic Lights at T-Junction	Right	8:05	8:04	8:03	8:20	8:19	8:18	
1.2	62.8	1.9	101.1	Dir. 3 Arena, North Wall Quay	Traffic Lights at Crossroads	Right	8:06	8:04	8:04	8:21	8:19	8:19	
				Caution Sign, Funnel Right	Traffic Island / Ramps								
1.3	62.7	2.1	100.9	Pedestrian Crossing	Traffic Lights	Straight	8:06	8:05	8:04	8:21	8:20	8:19	
1.4	62.6	2.3	100.7	Junction	Traffic Lights	Straight	8:07	8:05	8:04	8:22	8:20	8:19	
1.6	62.4	2.6	100.4	Junction	Traffic Lights	Straight	8:08	8:06	8:05	8:23	8:21	8:20	
1.7	62.3	2.7	100.3	Dir. Dublin Port, East Wall Road, R131	Roundabout	1st exit	8:08	8:06	8:05	8:23	8:21	8:20	
1.9	62.1	3.1	99.9	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:09	8:07	8:06	8:24	8:22	8:21	
2.0	62.0	3.2	99.8	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:10	8:08	8:06	8:25	8:23	8:21	
2.1	61.9	3.4	99.6	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Left	8:10	8:08	8:07	8:25	8:23	8:22	
2.4	61.6	3.9	99.1	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:12	8:09	8:07	8:27	8:24	8:22	
2.6	61.4	4.2	98.8	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:13	8:10	8:08	8:28	8:25	8:23	
2.7	61.3	4.3	98.7	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Right	8:13	8:10	8:08	8:28	8:25	8:23	
2.8	61.2	4.5	98.5	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Straight	8:14	8:11	8:09	8:29	8:26	8:24	
3.0	61.0	4.8	98.2	Pedestrian Crossing		Straight	8:15	8:12	8:09	8:30	8:27	8:24	
3.3	60.7	5.3	97.7	Clontarf			8:16	8:13	8:10	8:31	8:28	8:25	
3.3	60.7	5.3	97.7	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Right	8:16	8:13	8:10	8:31	8:28	8:25	
3.5	60.5	5.6	97.4	Pedestrian Crossing			8:17	8:14	8:11	8:32	8:29	8:26	
3.6	60.4	5.8	97.2	Dir. Clontarf, Clontarf Road, R807, Ped Crossing	Traffic Lights	Straight	8:18	8:14	8:11	8:33	8:29	8:26	
3.9	60.1	6.3	96.7	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:19	8:15	8:12	8:34	8:30	8:27	
4.4	59.6	7.1	95.9	Dir. Howth, Clontarf Road, R807	Traffic Lights	Straight	8:22	8:17	8:14	8:37	8:32	8:29	
4.7	59.3	7.6	95.4	Dublin Bus Depot			8:23	8:18	8:15	8:38	8:33	8:30	
4.7	59.3	7.6	95.4	Pedestrian Crossing	Traffic Lights	Straight	8:23	8:18	8:15	8:38	8:33	8:30	
5.1	58.9	8.2	94.8	Dir. Howth, Clontarf Road, R807 - Bull Island Jct	Traffic Lights	Straight	8:25	8:20	8:16	8:40	8:35	8:31	
5.3	58.7	8.5	94.5	Dir. Howth, Clontarf Road, R807	Traffic Lights	Straight	8:26	8:21	8:17	8:41	8:36	8:32	
5.6	58.4	9.0	94.0	Dir. Howth, Howth Road, R105 - St. Annes Pk Jct	Traffic Lights	Straight	8:28	8:22	8:18	8:43	8:37	8:33	
6.0	58.0	9.7	93.3	Pedestrian Crossing	Traffic Lights	Straight	8:30	8:24	8:19	8:45	8:39	8:34	
6.2	57.8	10.0	93.0	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:31	8:24	8:20	8:46	8:39	8:35	
7.1	56.9	11.4	91.6	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:36	8:28	8:23	8:51	8:43	8:38	
7.4	56.6	11.9	91.1	Dir. Howth, Howth Road, R105 - SPLIT	Traffic Lights	Straight	8:37	8:29	8:24	8:52	8:44	8:39	
7.6	56.4	12.2	90.8	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:38	8:30	8:25	8:53	8:45	8:40	
8.0	56.0	12.9	90.1	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:40	8:32	8:26	8:55	8:47	8:41	
8.2	55.8	13.2	89.8	Dir. Portmarnock, Baldoyle Road, R809	Traffic Lights	Left	8:41	8:32	8:27	8:56	8:47	8:42	
8.4	55.6	13.5	89.5	Traffic Island x 4 to mile 8.7 (14km)	Caution	Caution	8:42	8:33	8:27	8:57	8:48	8:42	
8.4	55.6	13.5	89.5	Level Crossing	Caution	Caution	8:42	8:33	8:27	8:57	8:48	8:42	
8.5	55.5	13.7	89.3	Pedestrian Crossing			8:43	8:34	8:28	8:58	8:49	8:43	
8.8	55.2	14.2	88.8	Baldoyle			8:44	8:35	8:29	8:59	8:50	8:44	
8.8	55.2	14.2	88.8	Dir. Portmarnock, Warrenhouse Road, R106	Traffic Lights	Straight	8:44	8:35	8:29	8:59	8:50	8:44	
8.9	55.1	14.3	88.7	Dir. Portmarnock, Coast Road, R106	Traffic Lights	Straight	8:45	8:35	8:29	9:00	8:50	8:44	
9.2	54.8	14.8	88.2	Dir. Portmarnock, Coast Road, R106	Red Arches Roundabout	2nd exit	8:46	8:37	8:30	9:01	8:52	8:45	
10.4	53.6	16.7	86.3	Portmarnock			8:52	8:41	8:34	9:07	8:56	8:49	
10.4	53.6	16.7	86.3	Dir. Portmarnock, Strand Road, R106	Roundabout	2nd exit	8:52	8:41	8:34	9:07	8:56	8:49	
10.6	53.4	17.1	85.9	Ramps x 5 to mile 11 (17.7km)	Caution	Caution	8:53	8:42	8:35	9:08	8:57	8:50	
10.7	53.3	17.2	85.8	Pedestrian Crossing			8:54	8:43	8:35	9:09	8:58	8:50	
10.9	53.1	17.5	85.5	Dir. Malahide, Strand Road, R106	Traffic Lights	Straight	8:55	8:43	8:36	9:10	8:58	8:51	
11.8	52.2	19.0	84.0	Pedestrian Crossing	Traffic Lights	Straight	8:59	8:47	8:39	9:14	9:02	8:54	
12.5	51.5	20.1	82.9	Pedestrian Crossing	NEW Traffic Lights	Straight	9:03	8:50	8:41	9:18	9:05	8:56	
12.7	51.3	20.4	82.6	Pedestrian Crossing	Traffic Lights	Straight	9:04	8:51	8:42	9:19	9:06	8:57	
13.2	50.8	21.2	81.8	Malahide - town sign			9:07	8:53	8:43	9:22	9:08	8:58	
13.7	50.3	22.0	81.0	Pedestrian Crossing	Traffic Lights	Straight	9:09	8:55	8:45	9:24	9:10	9:00	
13.9	50.1	22.4	80.6	Dir. Town Centre, New Street	Traffic Lights	Right	9:10	8:55	8:46	9:25	9:10	9:01	
13.9	50.1	22.4	80.6	Dir. Yacht Club, Strand Street	Traffic Lights	Left	9:10	8:55	8:46	9:25	9:10	9:01	
14.0	50.0	22.5	80.5	Narrow Bridge	Caution	Caution	9:11	8:56	8:46	9:26	9:11	9:01	
14.5	49.5	23.3	79.7	Sharp Left at Yacht Club	Caution	Caution	9:13	8:58	8:48	9:28	9:13	9:03	

Miles		KM		Route			Wave 1			Wave 2		
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
14.6	49.4	23.5	79.5	Ramps x 3 to mile 14.8	Caution	Caution	9:14	8:58	8:48	9:29	9:13	9:03
14.9	49.1	24.0	79.0	Dir. Swords, Old Yellow Walls Road, R106	Traffic Lights	Right	9:15	8:59	8:49	9:30	9:14	9:04
14.9	49.1	24.0	79.0	Ramps x 7 to mile 15.2	Caution	Caution	9:15	8:59	8:49	9:30	9:14	9:04
15.3	48.7	24.6	78.4	Dir. Swords, Estuary Road, L6310	Traffic Lights	Right	9:17	9:01	8:50	9:32	9:16	9:05
15.3	48.7	24.6	78.4	Sharp Left	Caution	Caution	9:17	9:01	8:50	9:32	9:16	9:05
16.4	47.6	26.4	76.6	Ramps x 2 at Roundabout	Caution	Caution	9:23	9:05	8:54	9:38	9:20	9:09
16.4	47.6	26.4	76.6	Dir. Swords, Estuary Road	Roundabout	2nd exit	9:23	9:05	8:54	9:38	9:20	9:09
16.9	47.1	27.2	75.8	Dir. Swords, Spittal Hill	T-Junction	Left	9:25	9:08	8:56	9:40	9:23	9:11
17.2	46.8	27.7	75.3	Dir. Swords, R125	Roundabout	2nd Exit	9:27	9:09	8:57	9:42	9:24	9:12
17.3	46.7	27.8	75.2	Pedestrian Crossing	Traffic Lights	Straight	9:27	9:09	8:57	9:42	9:24	9:12
17.4	46.6	28.0	75.0	Balheary Road	Traffic Lights at Crossroads	Right	9:28	9:10	8:57	9:43	9:25	9:12
17.6	46.4	28.3	74.7	Balheary Road	Traffic Lights at Crossroads	Straight	9:29	9:10	8:58	9:44	9:25	9:13
18.0	46.0	29.0	74.0	Dir. Newtown Cottages, Balheary Avenue	Left	Left	9:31	9:12	8:59	9:46	9:27	9:14
20.4	43.6	32.8	70.2	Dir. Ballyboughal, R108	Crossroads	Right	9:43	9:22	9:07	9:58	9:37	9:22
22.0	42.0	35.4	67.6	Ballyboughal			9:51	9:28	9:13	10:06	9:43	9:28
22.0	42.0	35.4	67.6	Ramps x 5			9:51	9:28	9:13	10:06	9:43	9:28
22.6	41.4	36.4	66.6	Pedestrian Crossing + Ramp		Straight	9:54	9:30	9:15	10:09	9:45	9:30
26.3	37.7	42.3	60.7	Naul - Town Sign	CAUTION DESCENT		10:13	9:45	9:27	10:28	10:00	9:42
27.3	36.7	43.9	59.1	Dir Garristown	Left	Left	10:18	9:49	9:30	10:33	10:04	9:45
27.5	36.5	44.3	58.7	Dir. Clann Mhuire GFC - Food Stop	Food Stop		10:19	9:50	9:31	10:34	10:05	9:46
27.5	36.5	44.3	58.7	Dir. Garristown, R122	Exit Food Stop	Left	10:19	9:50	9:31	10:34	10:05	9:46
29.9	34.1	48.1	54.9	Bend, keep right	Bend	Keep Right	10:31	10:00	9:39	10:46	10:15	9:54
30.3	33.7	48.8	54.2	Dir. Garristown, R130	Right	Right	10:33	10:01	9:40	10:48	10:16	9:55
33.0	31.0	53.1	49.9	Dir. Swords, In Garristown, R130	T-Junction	Left	10:47	10:12	9:49	11:02	10:27	10:04
33.2	30.8	53.4	49.6	Ramps x 3			10:48	10:13	9:50	11:03	10:28	10:05
37.3	26.7	60.0	43.0	Vere Left	Caution	Vere Left	11:09	10:30	10:04	11:24	10:45	10:19
37.4	26.6	60.2	42.8	Vere Right	Caution	Vere Right	11:10	10:30	10:04	11:25	10:45	10:19
38.9	25.1	62.6	40.4	Dir. Coolquay, R130 - CAUTION STOP FOR TRAFFIC	Crossroads - CAUTION	Straight	11:17	10:36	10:09	11:32	10:51	10:24
40.5	23.5	65.2	37.8	Sharp Left	Caution	Caution	11:25	10:42	10:14	11:40	10:57	10:29
40.6	23.4	65.3	37.7	Sharp Right	Caution	Caution	11:26	10:43	10:15	11:41	10:58	10:30
41.5	22.5	66.8	36.2	Dir. Dublin, R135	T-Junction	Left	11:30	10:46	10:18	11:45	11:01	10:33
42.4	21.6	68.2	34.8	Dir. Blanchardstown	Roundabout	3rd exit	11:35	10:50	10:21	11:50	11:05	10:36
44.3	19.7	71.3	31.7	Dir. Finglas, Ratoath Rd, L3080	Swing Hollystown Roundabout	1st exit	11:45	10:58	10:27	12:00	11:13	10:42
44.6	19.4	71.8	31.2	Dir. Ballycoolin	McArdle Skeath Roundabout	2nd exit	11:46	10:59	10:28	12:01	11:14	10:43
45.1	18.9	72.6	30.4	Dir. Blanchardstown - MERGE POINT	Maxol Roundabout	2nd exit	11:49	11:01	10:30	12:04	11:16	10:45
45.3	18.7	72.9	30.1	Dir. Blanchardstown on Corduff Rd	Corp Park 2 Roundabout	2nd exit	11:50	11:02	10:30	12:05	11:17	10:45
45.8	18.2	73.7	29.3	Dir. Hollystown on Damastown Ave	Blanch Corp Park Roundabout	3rd exit	12:12	11:24	10:52	12:27	11:39	11:07
46.2	17.8	74.4	28.6	Pedestrian Crossing	Traffic Lights	Straight	12:14	11:25	10:53	12:29	11:40	11:08
46.7	17.3	75.2	27.8	Dir. Clonee, L3022	Damestown Ave Roundabout	2nd exit	12:17	11:27	10:55	12:32	11:42	11:10
46.8	17.2	75.3	27.7	Pedestrian Crossing	Traffic Lights	Straight	12:17	11:28	10:55	12:32	11:43	11:10
47.1	16.9	75.8	27.2	Straight Thru	Roundabout	2nd exit	12:19	11:29	10:56	12:34	11:44	11:11
47.6	16.4	76.6	26.4	Dir. Clonee, R147, Damastown Close	Glenbeigh Roundabout	1st exit	12:21	11:31	10:58	12:36	11:46	11:13
47.9	16.1	77.1	25.9	Dir. Clonee, R156	Perigord House Roundabout	3rd exit	12:23	11:32	10:59	12:38	11:47	11:14
48.2	15.8	77.6	25.4	Pedestrian Crossing	Traffic Lights	Straight	12:24	11:33	11:00	12:39	11:48	11:15
48.3	15.7	77.7	25.3	Pedestrian Crossing	Traffic Lights	Straight	12:25	11:34	11:00	12:40	11:49	11:15
48.6	15.4	78.2	24.8	Dir. Clonee	Guer Beet Roundabout	1st exit	12:27	11:35	11:01	12:42	11:50	11:16
48.8	15.2	78.5	24.5	Dir Clonee, R156 (then pass by Kepak factory)	Traffic Lights at Crossroads	Right	12:28	11:36	11:02	12:43	11:51	11:17
49.5	14.5	79.7	23.3	Dir Clonee, R147, over motorway	Roundabout	1st exit	12:31	11:39	11:04	12:46	11:54	11:19
49.6	14.4	79.8	23.2	Dir Clonee, R147	Roundabout	1st exit	12:32	11:39	11:05	12:47	11:54	11:20
49.7	14.3	80.0	23.0	Dir. Lucan	Windsor Clonee Roundabout	2nd exit	12:32	11:39	11:05	12:47	11:54	11:20
50.6	13.4	81.4	21.6	Dir. Clonsilla	Littlepace Roundabout	2nd exit	12:37	11:43	11:08	12:52	11:58	11:23
50.8	13.2	81.8	21.2	Dir. Ongar,	Ongar Roundabout	2nd exit	12:38	11:44	11:09	12:53	11:59	11:24
51.1	12.9	82.2	20.8	Dir. Consilla, Ongar Distributor Road	Barnwell Roundabout + PC	1st exit	12:39	11:45	11:10	12:54	12:00	11:25
51.3	12.7	82.6	20.4	Dir. Consilla, Ongar Distributor Road	Station Roundabout	2nd exit	12:40	11:46	11:10	12:55	12:01	11:25
51.6	12.4	83.0	20.0	Dir. Consilla, Ongar Distributor Road	Allendale Roundabout	2nd exit	12:42	11:47	11:11	12:57	12:02	11:26
52.1	11.9	83.8	19.2	Jct - Clonsilla Link Road	Traffic Lights	Straight	12:44	11:49	11:13	12:59	12:04	11:28
52.3	11.7	84.2	18.8	Jct - Hartstown Link Road	Traffic Lights	Straight	12:45	11:50	11:14	13:00	12:05	11:29
52.5	11.5	84.5	18.5	Jct - Shelerin Link Road	Traffic Lights	Straight	12:46	11:51	11:14	13:01	12:06	11:29
52.8	11.2	85.0	18.0	Dir. Consilla, Blanchardstown Road, R121	Millenium Roundabout + PC	3rd exit	12:48	11:52	11:15	13:03	12:07	11:30
53.1	10.9	85.5	17.5	Dir. Consilla, Clonsilla Rd, R121	Clonsilla Roundabout	3rd exit	12:49	11:53	11:16	13:04	12:08	11:31
53.2	10.8	85.6	17.4	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Straight	12:50	11:54	11:17	13:05	12:09	11:32
53.6	10.4	86.3	16.7	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Straight	12:52	11:55	11:18	13:07	12:10	11:33
53.8	10.2	86.6	16.4	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Left	12:53	11:56	11:19	13:08	12:11	11:34
53.8	10.2	86.6	16.4	Humpback Bridge	Caution	Caution	12:53	11:56	11:19	13:08	12:11	11:34
53.8	10.2	86.6	16.4	Level Crossing	Caution	Caution	12:53	11:56	11:19	13:08	12:11	11:34
54.2	9.8	87.2	15.8	Dir. Lucan, R121	T-Junction	Right	12:55	11:58	11:20	13:10	12:13	11:35
54.8	9.2	88.2	14.8	Sharp Left Turn	Caution	Caution	12:58	12:00	11:22	13:13	12:15	11:37
55.7	8.3	89.6	13.4	Sharp Left Turn	Caution	Caution	13:03	12:04	11:25	13:18	12:19	11:40

Miles		KM		Route			Wave 1			Wave 2		
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
55.7	8.3	89.6	13.4	Descent	Caution	Caution	13:03	12:04	11:25	13:18	12:19	11:40
55.9	8.1	90.0	13.0	Dir. Dublin, Lower Road, R109	T-Junction	Left	13:04	12:04	11:26	13:19	12:19	11:41
57.0	7.0	91.7	11.3	Ramps x 26 to mile 59.2 (95.5km)	Caution	Caution	13:09	12:09	11:29	13:24	12:24	11:44
59.5	4.5	95.8	7.2	Dir. Phoenix Park, Knockmaroon Road - Phoenix Park	Traffic Lights at Crossroads	Thru Park Gates	13:22	12:19	11:38	13:37	12:34	11:53
59.8	4.2	96.2	6.8	Dir. Phoenix Park, Ordance Survey Road - Phoenix Park	Crossroads	Left	13:23	12:20	11:39	13:38	12:35	11:54
60.4	3.6	97.2	5.8	Dir. Phoenix Park, North Road - Phoenix Park	Roundabout	2nd exit	13:26	12:23	11:41	13:41	12:38	11:56
60.8	3.2	97.8	5.1	Ramps x 11 to mile 61.9	Caution	Caution	13:29	12:24	11:42	13:44	12:39	11:57
62.4	1.6	100.4	2.6	Ramps x 2	Caution	Caution	13:37	12:31	11:47	13:52	12:46	12:02
62.6	1.4	100.7	2.3	Dir. Phoenix Park, North Road - Phoenix Park	T-Junction	Left	13:38	12:31	11:48	13:53	12:46	12:03
62.6	1.4	100.7	2.3	Ramp	Caution	Keep Left	13:38	12:31	11:48	13:53	12:46	12:03
62.8	1.2	101.1	1.9	Dir. Centre Centre, North Circular Road R101	Traffic Lights - EXIT ONLY	Left	13:39	12:32	11:49	13:54	12:47	12:04
63.0	1.0	101.4	1.6	Pedestrian Crossing	Traffic Lights	Straight	13:40	12:33	11:49	13:55	12:48	12:04
63.1	0.9	101.5	1.4	Dir. Centre Centre, North Circular Road R102	Traffic Lights	Straight	13:40	12:33	11:50	13:55	12:48	12:05
63.3	0.7	101.9	1.1	Dir. Centre Centre, North Circular Road R103, HANLONS	Traffic Lights	Straight	13:41	12:34	11:50	13:56	12:49	12:05
63.6	0.4	102.4	0.6	Dir. Grangegorman Upper	Right	Right	13:43	12:35	11:51	13:58	12:50	12:06
63.8	0.2	102.7	0.3		T-Junction	Right	13:44	12:36	11:52	13:59	12:51	12:07
64.0	0.0	103.0	0.0	Grangegorman 	Finish Line	Finish	13:45	12:37	11:53	14:00	12:52	12:08

* Route subject to final approval