


Great Dublin Bike Ride - Sunday 23rd September 2018

Route - 105km

Miles		KM		Route			Wave 1			Wave 2		
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
0.0	63.5	0.0	102.2	Baggot Street Lower - Bank of Ireland		Start	8:00	8:00	8:00	8:15	8:15	8:15
0.1	63.4	0.2	102.0	Dir. Grand Canal Dock, Herbert Place	Traffic Lights before Bridge	Left	8:00	8:00	8:00	8:15	8:15	8:15
0.3	63.2	0.5	101.7	Dir. Grand Canal Dock, Warrington Place	Traffic Lights at Crossroads	Straight	8:01	8:01	8:01	8:16	8:16	8:16
0.4	63.1	0.6	101.5	Dir. Grand Canal Dock, Clanwilliam Place	Traffic Lights at Crossroads	Straight	8:02	8:01	8:01	8:17	8:16	8:16
0.5	63.0	0.8	101.4	Dir. City Centre, Grand Canal Street Lower, R815	Traffic Lights at T-Junction	Left	8:02	8:02	8:01	8:17	8:17	8:16
0.6	62.9	1.0	101.2	Dir. City Centre, Macken Street	Traffic Lights at T-Junction	Right	8:03	8:02	8:02	8:18	8:17	8:17
0.8	62.7	1.3	100.9	Dir. City Centre, Macken Street	Traffic Lights at Crossroads	Straight	8:04	8:03	8:02	8:19	8:18	8:17
0.9	62.6	1.4	100.7	At Bord Gais Energy Theatre	Traffic Lights	Straight	8:04	8:03	8:03	8:19	8:18	8:18
1.1	62.4	1.8	100.4	Dir. City Centre, Sir John Rogerson's Quay	Traffic Lights at T-Junction	Left	8:05	8:04	8:03	8:20	8:19	8:18
1.1	62.4	1.8	100.4	Dir. City Centre, Samuel Beckett Bridge	Traffic Lights at T-Junction	Right	8:05	8:04	8:03	8:20	8:19	8:18
1.2	62.3	1.9	100.3	Dir. 3 Arena, North Wall Quay	Traffic Lights at Crossroads	Right	8:06	8:04	8:04	8:21	8:19	8:19
				Caution	Traffic Island / Ramps							
1.3	62.2	2.1	100.1	Pedestrian Crossing	Traffic Lights	Straight	8:06	8:05	8:04	8:21	8:20	8:19
1.4	62.1	2.3	99.9	Junction	Traffic Lights	Straight	8:07	8:05	8:04	8:22	8:20	8:19
1.6	61.9	2.6	99.6	Junction	Traffic Lights	Straight	8:08	8:06	8:05	8:23	8:21	8:20
1.7	61.8	2.7	99.5	Dir. Dublin Port, East Wall Road, R131	Roundabout	1st exit	8:08	8:06	8:05	8:23	8:21	8:20
1.9	61.6	3.1	99.1	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:09	8:07	8:06	8:24	8:22	8:21
2.0	61.5	3.2	99.0	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:10	8:08	8:06	8:25	8:23	8:21
2.1	61.4	3.4	98.8	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Left	8:10	8:08	8:07	8:25	8:23	8:22
2.4	61.1	3.9	98.3	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:12	8:09	8:07	8:27	8:24	8:22
2.6	60.9	4.2	98.0	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:13	8:10	8:08	8:28	8:25	8:23
2.7	60.8	4.3	97.8	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Right	8:13	8:10	8:08	8:28	8:25	8:23
2.8	60.7	4.5	97.7	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Straight	8:14	8:11	8:09	8:29	8:26	8:24
3.0	60.5	4.8	97.4	Pedestrian Crossing		Straight	8:15	8:12	8:09	8:30	8:27	8:24
3.3	60.2	5.3	96.9	Clontarf			8:16	8:13	8:10	8:31	8:28	8:25
3.3	60.2	5.3	96.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Right	8:16	8:13	8:10	8:31	8:28	8:25
3.5	60.0	5.6	96.6	Pedestrian Crossing			8:17	8:14	8:11	8:32	8:29	8:26
3.6	59.9	5.8	96.4	Dir. Clontarf, Clontarf Road, R807, Ped Crossing	Traffic Lights	Straight	8:18	8:14	8:11	8:33	8:29	8:26
3.9	59.6	6.3	95.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:19	8:15	8:12	8:34	8:30	8:27
4.4	59.1	7.1	95.1	Dir. Howth, Clontarf Road, R807	Traffic Lights	Straight	8:22	8:17	8:14	8:37	8:32	8:29
4.7	58.8	7.6	94.6	Dublin Bus Depot			8:23	8:18	8:15	8:38	8:33	8:30
4.7	58.8	7.6	94.6	Pedestrian Crossing			8:23	8:18	8:15	8:38	8:33	8:30
5.1	58.4	8.2	94.0	Dir. Howth, Clontarf Road, R807 - Bull Island Jct	Traffic Lights	Straight	8:25	8:20	8:16	8:40	8:35	8:31
5.3	58.2	8.5	93.7	Dir. Howth, Clontarf Road, R807	Traffic Lights	Straight	8:26	8:21	8:17	8:41	8:36	8:32
5.6	57.9	9.0	93.2	Dir. Howth, Howth Road, R105 - St. Annes Pk Jct	Traffic Lights	Straight	8:28	8:22	8:18	8:43	8:37	8:33
6.0	57.5	9.7	92.5	Pedestrian Crossing			8:30	8:24	8:19	8:45	8:39	8:34
6.2	57.3	10.0	92.2	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:31	8:24	8:20	8:46	8:39	8:35
7.1	56.4	11.4	90.8	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:36	8:28	8:23	8:51	8:43	8:38
7.4	56.1	11.9	90.3	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:37	8:29	8:24	8:52	8:44	8:39
7.6	55.9	12.2	90.0	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:38	8:30	8:25	8:53	8:45	8:40
8.0	55.5	12.9	89.3	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:40	8:32	8:26	8:55	8:47	8:41
8.2	55.3	13.2	89.0	Dir. Portmarnock, Baldoye Road, R809	Traffic Lights	Left	8:41	8:32	8:27	8:56	8:47	8:42
8.4	55.1	13.5	88.7	Traffic Island x 4 to mile 8.7	Caution	Caution	8:42	8:33	8:27	8:57	8:48	8:42
8.4	55.1	13.5	88.7	Level Crossing	Caution	Caution	8:42	8:33	8:27	8:57	8:48	8:42
8.5	55.0	13.7	88.5	Pedestrian Crossing			8:43	8:34	8:28	8:58	8:49	8:43
8.8	54.7	14.2	88.0	Baldoye			8:44	8:35	8:29	8:59	8:50	8:44
8.8	54.7	14.2	88.0	Dir. Portmarnock, Warrenhouse Road, R106	Traffic Lights	Straight	8:44	8:35	8:29	8:59	8:50	8:44
8.9	54.6	14.3	87.9	Dir. Portmarnock, Coast Road, R106	Traffic Lights	Straight	8:45	8:35	8:29	9:00	8:50	8:44
9.2	54.3	14.8	87.4	Dir. Portmarnock, Coast Road, R106	Roundabout	2nd exit	8:46	8:37	8:30	9:01	8:52	8:45
10.4	53.1	16.7	85.5	Portmarnock			8:52	8:41	8:34	9:07	8:56	8:49
10.4	53.1	16.7	85.5	Dir. Portmarnock, Strand Road, R106	Roundabout	2nd exit	8:52	8:41	8:34	9:07	8:56	8:49
10.6	52.9	17.1	85.1	Ramps x 5 to mile 10.8	Caution	Caution	8:53	8:42	8:35	9:08	8:57	8:50
10.7	52.8	17.2	85.0	Pedestrian Crossing			8:54	8:43	8:35	9:09	8:58	8:50
10.9	52.6	17.5	84.7	Dir. Malahide, Strand Road, R106	Traffic Lights	Straight	8:55	8:43	8:36	9:10	8:58	8:51
11.8	51.7	19.0	83.2	Pedestrian Crossing			8:59	8:47	8:39	9:14	9:02	8:54
12.7	50.8	20.4	81.8	Pedestrian Crossing			9:04	8:51	8:42	9:19	9:06	8:57
13.2	50.3	21.2	81.0	Malahide - town sign			9:07	8:53	8:43	9:22	9:08	8:58
13.7	49.8	22.0	80.1	Pedestrian Crossing			9:09	8:55	8:45	9:24	9:10	9:00
13.9	49.6	22.4	79.8	Dir. Town Centre, New Street	Traffic Lights	Right	9:10	8:55	8:46	9:25	9:10	9:01
13.9	49.6	22.4	79.8	Dir. Yacht Club, Strand Street	Traffic Lights	Left	9:10	8:55	8:46	9:25	9:10	9:01
14.0	49.5	22.5	79.7	Narrow Bridge	Caution	Caution	9:11	8:56	8:46	9:26	9:11	9:01
14.5	49.0	23.3	78.9	Sharp Left at Yacht Club	Caution	Caution	9:13	8:58	8:48	9:28	9:13	9:03
14.6	48.9	23.5	78.7	Ramps x 3 to mile 14.8	Caution	Caution	9:14	8:58	8:48	9:29	9:13	9:03

Miles		KM		Route			Wave 1			Wave 2		
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
14.9	48.6	24.0	78.2	Dir. Swords, Old Yellow Walls Road, R106	Traffic Lights	Right	9:15	8:59	8:49	9:30	9:14	9:04
14.9	48.6	24.0	78.2	Ramps x 7 to mile 15.2	Caution	Caution	9:15	8:59	8:49	9:30	9:14	9:04
15.3	48.2	24.6	77.6	Dir. Swords, Estuary Road, L6310 - SPLIT POINT	Traffic Lights	Right	9:17	9:01	8:50	9:32	9:16	9:05
15.3	48.2	24.6	77.6	Sharp Left	Caution	Caution	9:17	9:01	8:50	9:32	9:16	9:05
16.4	47.1	26.4	75.8	Ramps x 2	Caution	Caution	9:23	9:05	8:54	9:38	9:20	9:09
16.4	47.1	26.4	75.8	Dir. Swords, Estuary Road + Ramp	Roundabout	2nd exit	9:23	9:05	8:54	9:38	9:20	9:09
16.9	46.6	27.2	75.0	Dir. Swords, Spittal Hill	T-Junction	Left	9:25	9:08	8:56	9:40	9:23	9:11
17.2	46.3	27.7	74.5	Dir. Swords, R125	Roundabout	2nd Exit	9:27	9:09	8:57	9:42	9:24	9:12
17.3	46.2	27.8	74.4	Pedestrian Crossing			9:27	9:09	8:57	9:42	9:24	9:12
17.4	46.1	28.0	74.2	Balheary Road	Traffic Lights at Crossroads	Right	9:28	9:10	8:57	9:43	9:25	9:12
17.6	45.9	28.3	73.9	Balheary Road	Traffic Lights at Crossroads	Straight	9:29	9:10	8:58	9:44	9:25	9:13
18.0	45.5	29.0	73.2	Dir. Newtown Cottages, Balheary Avenue	Left	Left	9:31	9:12	8:59	9:46	9:27	9:14
20.4	43.1	32.8	69.4	Dir. Ballyboughal, R108	Crossroads	Right	9:43	9:22	9:07	9:58	9:37	9:22
22.0	41.5	35.4	66.8	Ballyboughal	Right	Right	9:51	9:28	9:13	10:06	9:43	9:28
22.0	41.5	35.4	66.8	Ramps x 5	Crossroads	Right	9:51	9:28	9:13	10:06	9:43	9:28
22.6	40.9	36.4	65.8	Pedestrian Crossing + Ramp		Straight	9:54	9:30	9:15	10:09	9:45	9:30
26.3	37.2	42.3	59.9	Naul - Town Sign	CAUTION DESCENT		10:13	9:45	9:27	10:28	10:00	9:42
27.3	36.2	43.9	58.3	Dir Garristown	Left	Left	10:18	9:49	9:30	10:33	10:04	9:45
27.5	36.0	44.3	57.9	Dir. Clann Mhuire GFC - Food Stop	Food Stop		10:19	9:50	9:31	10:34	10:05	9:46
27.5	36.0	44.3	57.9	Dir. Garristown, R122	Exit Food Stop	Left	10:19	9:50	9:31	10:34	10:05	9:46
29.9	33.6	48.1	54.1	Bend, keep right	Bend	Keep Right	10:31	10:00	9:39	10:46	10:15	9:54
30.3	33.2	48.8	53.4	Dir. Garristown, R130	Right	Right	10:33	10:01	9:40	10:48	10:16	9:55
33.0	30.5	53.1	49.1	Dir. Swords, In Garristown, R130	T-Junction	Left	10:47	10:12	9:49	11:02	10:27	10:04
33.2	30.3	53.4	48.8	Ramps x 3			10:48	10:13	9:50	11:03	10:28	10:05
37.4	26.1	60.2	42.0			Vere Right	11:10	10:30	10:04	11:25	10:45	10:19
38.9	24.6	62.6	39.6	Dir. Coolquay, R130 - CAUTION STOP FOR TRAFFIC	Crossroads	Straight	11:17	10:36	10:09	11:32	10:51	10:24
40.5	23.0	65.2	37.0	Sharp Left	Caution	Caution	11:25	10:42	10:14	11:40	10:57	10:29
40.6	22.9	65.3	36.9	Sharp Right	Caution	Caution	11:26	10:43	10:15	11:41	10:58	10:30
41.5	22.0	66.8	35.4	Dir. Dublin, R135	T-Junction	Left	11:30	10:46	10:18	11:45	11:01	10:33
42.4	21.1	68.2	34.0	Dir. Blanchardstown	Roundabout	3rd exit	11:35	10:50	10:21	11:50	11:05	10:36
44.3	19.2	71.3	30.9	Dir. Finglas, Ratoath Rd, L3080	Roundabout	1st exit	11:45	10:58	10:27	12:00	11:13	10:42
44.6	18.9	71.8	30.4	Dir. Ballycoolin	Roundabout	2nd exit	11:46	10:59	10:28	12:01	11:14	10:43
44.9	18.6	72.3	29.9	Dir. Damastown, R121	Ped Crossing, Roundabout	3rd exit	11:48	11:00	10:29	12:03	11:15	10:44
45.1	18.4	72.6	29.6	Dir. Blanchardstown - MERGE POINT	Roundabout	2nd exit	11:49	11:01	10:30	12:04	11:16	10:45
45.3	18.2	72.9	29.3	Dir. Blanchardstown on Corduff Rd	Roundabout	2nd exit	11:50	11:02	10:30	12:05	11:17	10:45
45.8	17.7	73.7	28.5	Dir. Hollystown on Damastown Ave	Roundabout	3rd exit	12:12	11:24	10:52	12:27	11:39	11:07
46.2	17.3	74.4	27.8	Pedestrian Crossing			12:14	11:25	10:53	12:29	11:40	11:08
46.6	16.9	75.0	27.2	Dir. Clonee, L3022	Roundabout	2nd exit	12:16	11:27	10:55	12:31	11:42	11:10
46.7	16.8	75.2	27.0	Pedestrian Crossing			12:17	11:27	10:55	12:32	11:42	11:10
47.0	16.5	75.6	26.6		Roundabout	2nd exit	12:18	11:29	10:56	12:33	11:44	11:11
47.6	15.9	76.6	25.6	Dir. Clonee, R147, Damastown Close	Roundabout	1st exit	12:21	11:31	10:58	12:36	11:46	11:13
47.9	15.6	77.1	25.1	Dir. Clonee, R156	Roundabout	3rd exit	12:23	11:32	10:59	12:38	11:47	11:14
48.2	15.3	77.6	24.6	Pedestrian Crossing			12:24	11:33	11:00	12:39	11:48	11:15
48.3	15.2	77.7	24.5	Pedestrian Crossing			12:25	11:34	11:00	12:40	11:49	11:15
48.6	14.9	78.2	24.0	Dir. Clonee	Roundabout	1st exit	12:27	11:35	11:01	12:42	11:50	11:16
48.8	14.7	78.5	23.7	Dir Clonee, R156 (then pass by Kepak factory)	Traffic Lights at Crossroads	Right	12:28	11:36	11:02	12:43	11:51	11:17
49.5	14.0	79.7	22.5	Dir Clonee, R147	Roundabout	1st exit	12:31	11:39	11:04	12:46	11:54	11:19
49.6	13.9	79.8	22.4	Dir Clonee, R147	Roundabout	1st exit	12:32	11:39	11:05	12:47	11:54	11:20
49.7	13.8	80.0	22.2	Dir. Lucan	Roundabout	2nd exit	12:32	11:39	11:05	12:47	11:54	11:20
50.6	12.9	81.4	20.8	Dir. Clonsilla	Roundabout	2nd exit	12:37	11:43	11:08	12:52	11:58	11:23
50.8	12.7	81.8	20.4	Dir. Ongar,	Roundabout	2nd exit	12:38	11:44	11:09	12:53	11:59	11:24
51.0	12.5	82.1	20.1	Dir. Consilla, Ongar Distributor Road	Roundabout + Ped Crossing	1st exit	12:39	11:45	11:09	12:54	12:00	11:24
52.1	11.4	83.8	18.3		Traffic Lights	Straight	12:44	11:49	11:13	12:59	12:04	11:28
52.3	11.2	84.2	18.0		Traffic Lights	Straight	12:45	11:50	11:14	13:00	12:05	11:29
52.5	11.0	84.5	17.7		Traffic Lights	Straight	12:46	11:51	11:14	13:01	12:06	11:29
52.8	10.7	85.0	17.2	Dir. Consilla, Blanchardstown Road, R121	Roundabout + Ped Crossing	3rd exit	12:48	11:52	11:15	13:03	12:07	11:30
53.0	10.5	85.3	16.9	Dir. Consilla, Clonsilla Rd, R121	Roundabout	3rd exit	12:49	11:53	11:16	13:04	12:08	11:31
53.2	10.3	85.6	16.6	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Straight	12:50	11:54	11:17	13:05	12:09	11:32
53.6	9.9	86.3	15.9	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Straight	12:52	11:55	11:18	13:07	12:10	11:33
53.8	9.7	86.6	15.6	Dir. Consilla, Clonsilla Rd, R121	Traffic Light	Left	12:53	11:56	11:19	13:08	12:11	11:34
53.8	9.7	86.6	15.6	Humpback Bridge	Caution	Caution	12:53	11:56	11:19	13:08	12:11	11:34
53.8	9.7	86.6	15.6	Level Crossing	Caution	Caution	12:53	11:56	11:19	13:08	12:11	11:34
54.0	9.5	86.9	15.3	Dir. Lucan, R121	T-Junction	Right	12:54	11:57	11:19	13:09	12:12	11:34
54.7	8.8	88.0	14.2	Sharp Left Turn	Caution	Caution	12:58	12:00	11:22	13:13	12:15	11:37
55.6	7.9	89.5	12.7	Sharp Left Turn	Caution	Caution	13:02	12:03	11:25	13:17	12:18	11:40
55.6	7.9	89.5	12.7	Descent	Caution	Caution	13:02	12:03	11:25	13:17	12:18	11:40
55.9	7.6	90.0	12.2	Dir. Dublin, Lower Road, R109	T-Junction	Left	13:04	12:04	11:26	13:19	12:19	11:41
56.8	6.7	91.4	10.8	Ramps x 26 to mile 59.2	Caution	Caution	13:08	12:08	11:29	13:23	12:23	11:44

Miles		KM		Route			Wave 1			Wave 2		
From Start	To Finish	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
59.4	4.1	95.6	6.6	Dir. Phoenix Park, Knockmaroon Road - Phoenix Park	Traffic Lights at Crossroads	Left	13:21	12:18	11:37	13:36	12:33	11:52
59.7	3.8	96.1	6.1	Dir. Phoenix Park, Ordance Survey Road - Phoenix Park	Crossroads	Left	13:23	12:20	11:38	13:38	12:35	11:53
60.2	3.3	96.9	5.3	Dir. Phoenix Park, North Road - Phoenix Park	Roundabout	2nd exit	13:25	12:22	11:40	13:40	12:37	11:55
60.8	2.7	97.8	4.3	Ramps x 11 to mile 61.9	Caution	Caution	13:29	12:24	11:42	13:44	12:39	11:57
62.4	1.1	100.4	1.8	Ramps x 2	Caution	Caution	13:37	12:31	11:47	13:52	12:46	12:02
62.5	1.0	100.6	1.6	Dir. Phoenix Park, North Road - Phoenix Park	T-Junction	Left	13:37	12:31	11:48	13:52	12:46	12:03
62.5	1.0	100.6	1.6	Ramp	Caution	Keep Left	13:37	12:31	11:48	13:52	12:46	12:03
62.6	0.9	100.7	1.4	Dir. Centre Centre, North Circular Road R101	Traffic Lights	Left	13:38	12:31	11:48	13:53	12:46	12:03
62.8	0.7	101.1	1.1	Pedestrian Crossing			13:39	12:32	11:49	13:54	12:47	12:04
62.9	0.6	101.2	1.0	Dir. Centre Centre, North Circular Road R102	Traffic Lights	Straight	13:39	12:33	11:49	13:54	12:48	12:04
63.1	0.4	101.5	0.6	Dir. Centre Centre, North Circular Road R103, HANLONS	Traffic Lights	Straight	13:40	12:33	11:50	13:55	12:48	12:05
63.3	0.2	101.9	0.3	Dir. DIT Grangegorman	Right	Right	13:41	12:34	11:50	13:56	12:49	12:05
63.5	0.0	102.2	0.0	DIT Grangegorman 	Finish Line	Finish	13:42	12:35	11:51	13:57	12:50	12:06

* Route subject to final approval