




Great Dublin Bike Ride - Sunday 24th September 2017

Route - 98.7km

Miles		KM		Route			Wave 1			Wave 2		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h	
0.0	0.0	98.7	Smithfield	Start	Rolling Start	8:00	8:00	8:00	8:15	8:15	8:15	
0.0	0.0	98.7	Dir. City Centre, Arran Quay, R148	Traffic Lights	Straight	8:00	8:00	8:00	8:15	8:15	8:15	
0.1	0.1	98.6	Dir. City Centre, Inns Quay, R148	Traffic Lights	Straight	8:00	8:00	8:00	8:15	8:15	8:15	
0.3	0.5	98.2	Dir. City Centre, Ormond Quay Upper, R148	Traffic Lights	Straight	8:01	8:01	8:01	8:16	8:16	8:16	
0.3	0.5	98.2	Dir. City Centre, Ormond Quay Lower, R148	Traffic Lights	Straight	8:01	8:01	8:01	8:16	8:16	8:16	
0.5	0.8	97.9	Junction on left			8:02	8:02	8:01	8:17	8:17	8:16	
0.7	1.1	97.6	Dir. Dublin Port, Eden Quay (O Connell Bridge), R105	Traffic Lights	Straight	8:03	8:02	8:02	8:18	8:17	8:17	
0.7	1.2	97.5	Dir. Dublin Port, Eden Quay, R105	Traffic Lights	Straight	8:03	8:03	8:02	8:18	8:18	8:17	
0.9	1.4	97.3	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:04	8:03	8:02	8:19	8:18	8:17	
1.0	1.6	97.1	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:05	8:04	8:03	8:20	8:19	8:18	
1.2	2.0	96.7	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:06	8:05	8:04	8:21	8:20	8:19	
1.4	2.3	96.4	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:07	8:05	8:04	8:22	8:20	8:19	
1.6	2.5	96.2	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:07	8:06	8:05	8:22	8:21	8:20	
1.6	2.6	96.1	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:08	8:06	8:05	8:23	8:21	8:20	
2.0	3.2	95.5	Dir. Dublin Port, East Wall Road, R131	Roundabout	1st exit	8:10	8:08	8:06	8:25	8:23	8:21	
2.2	3.5	95.2	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:11	8:08	8:07	8:26	8:23	8:22	
2.3	3.7	95.0	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:11	8:09	8:07	8:26	8:24	8:22	
2.4	3.8	94.9	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Left	8:12	8:09	8:07	8:27	8:24	8:22	
2.7	4.3	94.4	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:13	8:10	8:08	8:28	8:25	8:23	
3.0	4.8	93.9	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Right	8:15	8:12	8:09	8:30	8:27	8:24	
3.1	5.0	93.7	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Straight	8:15	8:12	8:10	8:30	8:27	8:25	
3.6	5.8	92.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Right	8:18	8:14	8:12	8:33	8:29	8:27	
4.2	6.8	91.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:21	8:17	8:14	8:36	8:32	8:29	
4.8	7.8	90.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:24	8:19	8:16	8:39	8:34	8:31	
5.1	8.2	90.5	Bus Depot			8:25	8:20	8:16	8:40	8:35	8:31	
5.5	8.8	89.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:27	8:22	8:18	8:42	8:37	8:33	
6.0	9.7	89.0	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:30	8:24	8:20	8:45	8:39	8:35	
6.6	10.7	88.0	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:33	8:26	8:22	8:48	8:41	8:37	
7.5	12.1	86.6	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:38	8:30	8:25	8:53	8:45	8:40	
7.9	12.7	86.0	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:40	8:31	8:26	8:55	8:46	8:41	
8.1	13.0	85.7	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:41	8:32	8:26	8:56	8:47	8:41	
8.1	13.1	85.6	1km to Service Station			8:41	8:32	8:27	8:56	8:47	8:42	
8.5	13.6	85.1	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:42	8:34	8:28	8:57	8:49	8:43	
8.5	13.6	85.1	500m to Service Station			8:42	8:34	8:28	8:57	8:49	8:43	
8.7	14.0	84.7	Dir. Portmarnock, Baldoye Road, R106	Traffic Lights	Left	8:44	8:35	8:28	8:59	8:50	8:43	
8.8	14.1	84.6	Service Station - The Elphin	Service Station		8:44	8:35	8:29	8:59	8:50	8:44	
8.9	14.3	84.4	Level Crossing	Caution	Caution	8:45	8:35	8:29	9:00	8:50	8:44	
9.3	14.9	83.8	Baldoye			8:47	8:37	8:30	9:02	8:52	8:45	
9.3	14.9	83.8	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	8:47	8:37	8:30	9:02	8:52	8:45	
9.4	15.2	83.5	Dir. Portmarnock, Coast Road, R106	Traffic Lights	Straight	8:48	8:38	8:31	9:03	8:53	8:46	
9.7	15.6	83.1	Dir. Portmarnock, Coast Road, R106	Roundabout	2nd exit	8:49	8:39	8:32	9:04	8:54	8:47	
10.3	16.5	82.2	Junction Left Airport			8:52	8:41	8:34	9:07	8:56	8:49	
10.8	17.4	81.3	Portmarnock			8:54	8:43	8:36	9:09	8:58	8:51	
10.9	17.6	81.1	Dir. Portmarnock, Strand Road, R106	Roundabout	2nd exit	8:55	8:44	8:36	9:10	8:59	8:51	
10.9	17.6	81.1	Ramps x 4	Caution	Caution	8:55	8:44	8:36	9:10	8:59	8:51	
11.5	18.5	80.2	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	8:58	8:46	8:38	9:13	9:01	8:53	
13.8	22.2	76.5	Malahide			9:10	8:55	8:45	9:25	9:10	9:00	
14.5	23.3	75.4	Dir. Town Centre, New Street	Traffic Lights	Right	9:13	8:58	8:48	9:28	9:13	9:03	
14.5	23.4	75.3	Dir. Town Centre, Strand Street, R106	Traffic Lights	Left	9:13	8:58	8:48	9:28	9:13	9:03	
15.3	24.6	74.1	Ramps x 9	Caution	Caution	9:17	9:01	8:50	9:32	9:16	9:05	
15.5	24.9	73.8	Dir. Swords, Old Yellow Wall Road, R106	Traffic Lights	Right	9:18	9:02	8:51	9:33	9:17	9:06	
15.9	25.6	73.1	Dir. Swords, Estuary Road, L6310	T Junction/Traffic Lights	Right	9:20	9:04	8:52	9:35	9:19	9:07	
17.0	27.4	71.3	Dir. Swords, Mantua Road, L6310	Roundabout	1st exit	9:26	9:08	8:56	9:41	9:23	9:11	
17.3	27.9	70.8	Dir. Swords, Seatown Road, L2143	Roundabout	2nd exit	9:28	9:09	8:57	9:43	9:24	9:12	
17.6	28.3	70.4	Dir. Swords, Seatown Road (Swords By pass), L2143	Roundabout	2nd exit	9:29	9:10	8:58	9:44	9:25	9:13	
17.6	28.4	70.3	Swords			9:29	9:11	8:58	9:44	9:26	9:13	
17.9	28.8	69.9	Dir. Town Centre, North Street, L20136	T Junction	Left	9:30	9:12	8:59	9:45	9:27	9:14	
18.0	28.9	69.8	Dir. Town Centre, Bridge Street, L2066	Traffic Lights	Straight	9:31	9:12	8:59	9:46	9:27	9:14	
18.1	29.2	69.5	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	9:32	9:13	9:00	9:47	9:28	9:15	
19.0	30.5	68.2	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	9:36	9:16	9:03	9:51	9:31	9:18	
20.4	32.9	65.8	Dir. Ballyboughal, Naul Road, R108	Right	Right	9:43	9:22	9:08	9:58	9:37	9:23	

Miles	KM		Route			Wave 1			Wave 2		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
23.7	38.1	60.6	Ballyboughal			10:00	9:35	9:18	10:15	9:50	9:33
23.8	38.3	60.4	Ramps x 2	Caution	Caution	10:00	9:35	9:19	10:15	9:50	9:34
27.7	44.6	54.1	1km to Service Station			10:20	9:51	9:32	10:35	10:06	9:47
28.0	45.1	53.6	500m to Service Station			10:22	9:52	9:33	10:37	10:07	9:48
28.2	45.4	53.3	Dir. Clann Mhuire GFC, R122	Left	Left	10:23	9:53	9:33	10:38	10:08	9:48
28.3	45.6	53.1	Clann Mhuire GFC - Feeding Station		Feeding Station	10:24	9:54	9:34	10:39	10:09	9:49
28.3	45.6	53.1	Dir. Naul, R122	Right	Right	10:44	10:14	9:54	10:59	10:29	10:09
28.5	45.8	52.9	Naul Road, R122	T Junction	Left	10:44	10:14	9:54	10:59	10:29	10:09
29.6	47.7	51.0	Right hand bend	Caution	Caution	10:50	10:19	9:58	11:05	10:34	10:13
29.9	48.1	50.6	Left hand bend	Caution	Caution	10:51	10:20	9:59	11:06	10:35	10:14
30.6	49.3	49.4	Dir Navan, Naul Road,	Crossroads	Left	10:55	10:23	10:02	11:10	10:38	10:17
32.2	51.9	46.8	Left hand bend	Caution	Caution	11:03	10:29	10:07	11:18	10:44	10:22
33.0	53.1	45.6	Dir. Navan, Fowlerstown, L1004-18	Crossroads	Straight	11:07	10:32	10:09	11:22	10:47	10:24
35.2	56.7	42.0	Dir. Ardcath, L1618	T Junction	Left	11:19	10:41	10:17	11:34	10:56	10:32
36.3	58.4	40.3	Ardcath			11:24	10:46	10:20	11:39	11:01	10:35
39.0	62.7	36.0	1km to Service Station			11:38	10:56	10:29	11:53	11:11	10:44
39.3	63.2	35.5	500m to Service Station			11:39	10:58	10:30	11:54	11:13	10:45
39.3	63.3	35.4	Garristown			11:39	10:58	10:30	11:54	11:13	10:45
39.6	63.7	35.0	Garristown - Service Station		Service Station	11:41	10:59	10:31	11:56	11:14	10:46
39.8	64.0	34.7	Dir. Ashbourne	Crossroads	Right	11:42	11:00	10:32	11:57	11:15	10:47
41.3	66.5	32.2	Right Hand Bend	Caution	Caution	11:50	11:06	10:37	12:05	11:21	10:52
41.4	66.7	32.0	S Bend	Caution	Caution	11:50	11:06	10:38	12:05	11:21	10:53
41.9	67.4	31.3	S Bend	Caution	Caution	11:52	11:08	10:39	12:07	11:23	10:54
42.0	67.6	31.1	Left Hand Bend	Caution	Caution	11:53	11:09	10:39	12:08	11:24	10:54
43.3	69.7	29.0	Dir. Ashbourne, R135	T Junction	Left	12:00	11:14	10:44	12:15	11:29	10:59
43.4	69.8	28.9	Dir. Rathoth, Ballybin Road	Traffic Lights/T Junction	Right	12:00	11:14	10:44	12:15	11:29	10:59
44.6	71.7	27.0	Left hand bend	Caution	Caution	12:06	11:19	10:48	12:21	11:34	11:03
45.7	73.5	25.2	Dir. Swords, R125	T Junction	Left	12:12	11:23	10:52	12:27	11:38	11:07
45.9	73.9	24.8	Dir. Kilbride, L3080	Right	Right	12:13	11:24	10:52	12:28	11:39	11:07
48.9	78.7	20.0	20km to go			12:28	11:36	11:02	12:43	11:51	11:17
50.0	80.4	18.3	Kilbride			12:33	11:41	11:06	12:48	11:56	11:21
52.1	83.8	14.9	Dir. Finglas, L3080	Roundabout	2nd exit	12:44	11:49	11:13	12:59	12:04	11:28
52.5	84.5	14.2	Dir. Ballycoolin	Roundabout	2nd exit	12:46	11:51	11:14	13:01	12:06	11:29
53.0	85.3	13.4	Dir. Ballycoolin (60km route joins)	Roundabout	2nd exit	12:49	11:53	11:16	13:04	12:08	11:31
53.2	85.6	13.1	Dir. Ballycoolin, Corduff Road, L3095	Roundabout	2nd exit	12:50	11:54	11:17	13:05	12:09	11:32
53.6	86.2	12.5	Dir. Ballycoolin, Ballycoolin Road, R843	Roundabout	1st exit	12:52	11:55	11:18	13:07	12:10	11:33
53.8	86.6	12.1	1km to Service Station			12:53	11:56	11:19	13:08	12:11	11:34
54.1	87.1	11.6	Dir. Blanchardstown, Snugborough, R843	Roundabout	3rd exit	12:55	11:57	11:20	13:10	12:12	11:35
54.1	87.1	11.6	500m to Service Station			12:55	11:57	11:20	13:10	12:12	11:35
54.7	88.1	10.6	National Sports Campus	Traffic Lights	Left	12:58	12:00	11:22	13:13	12:15	11:37
54.9	88.4	10.3	National Sports Campus	Roundabout	3rd exit	12:59	12:01	11:22	13:14	12:16	11:37
54.9	88.4	10.3	National Sports Campus - Feeding Station		Feeding Station	12:59	12:01	11:22	13:14	12:16	11:37
55.1	88.7	10.0	10km to go			13:00	12:01	11:23	13:15	12:16	11:38
55.2	88.9	9.8	National Sports Campus	T Junction	Right	13:20	12:22	11:43	13:35	12:37	11:58
55.6	89.4	9.3	National Sports Campus	Left	Left	13:22	12:23	11:44	13:37	12:38	11:59
56.2	90.4	8.3	Exit - National Sports Campus,	T Junction	Right	13:25	12:26	11:47	13:40	12:41	12:02
56.2	90.4	8.3	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	13:25	12:26	11:47	13:40	12:41	12:02
57.3	92.2	6.5	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	13:31	12:30	11:50	13:46	12:45	12:05
56.8	91.4	7.3	Dir. Finglas, Rathoath Road, L3090	Roundabout	2nd exit	13:28	12:28	11:49	13:43	12:43	12:04
57.8	93.0	5.7	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	13:33	12:32	11:52	13:48	12:47	12:07
58.2	93.6	5.1	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	13:35	12:34	11:53	13:50	12:49	12:08
58.2	93.7	5.0	5km to go			13:35	12:34	11:53	13:50	12:49	12:08
58.8	94.6	4.1	Dir. Cabra, Rathoath Road, L3090	Traffic Lights	Straight	13:38	12:36	11:55	13:53	12:51	12:10
59.2	95.3	3.4	Ramps x 2	Caution	Caution	13:40	12:38	11:57	13:55	12:53	12:12
59.5	95.8	2.9	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:42	12:39	11:58	13:57	12:54	12:13
59.5	95.8	2.9	Ramps x 3	Caution	Caution	13:42	12:39	11:58	13:57	12:54	12:13
59.8	96.2	2.5	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:43	12:40	11:59	13:58	12:55	12:14
59.9	96.4	2.3	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:44	12:41	11:59	13:59	12:56	12:14
60.0	96.5	2.2	Dir. City Centre, Old Cabra Road, R805	Traffic Lights	Straight	13:44	12:41	11:59	13:59	12:56	12:14
60.0	96.5	2.2	Ramps x 6	Caution	Caution	13:44	12:41	11:59	13:59	12:56	12:14
60.5	97.3	1.4	Dir. City Centre, Prussia Street, R805	Traffic Lights	Straight	13:47	12:43	12:01	14:02	12:58	12:16
61.0	98.2	0.5	Dir. City Centre, North King Street	Traffic Lights	Left	13:50	12:45	12:03	14:05	13:00	12:18
61.1	98.4	0.3	Dir. City Centre, Queen Street, R804	Traffic Lights	Right	13:50	12:46	12:03	14:05	13:01	12:18
61.1	98.4	0.3	Dir. City Centre, Queen Street, R804	Yield Sign	Right	13:50	12:46	12:03	14:05	13:01	12:18
61.3	98.6	0.1	Dir. Generator Hostel, Haymarket	Left	Left	13:51	12:46	12:04	14:06	13:01	12:19
61.3	98.7	0.0	Generator Hostel, Smithfield		Finish Line	13:51	12:46	12:04	14:06	13:01	12:19

Miles	KM		Route			Wave 1			Wave 2		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h