



Great Dublin Bike Ride - Sunday 24th September 2017

Route - 61.3km

Miles	KM		Route			Wave 3			Wave 4		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
0.0	0.0	61.3	Smithfield	Start	Rolling Start	8:35	8:35	8:35	8:48	8:48	8:48
0.0	0.0	61.3	Luas Line	Traffic Lights	Straight	8:35	8:35	8:35	8:48	8:48	8:48
0.1	0.1	61.2	Dir. City Centre, Arran Quay, R148	Left	Left	8:35	8:35	8:35	8:48	8:48	8:48
0.2	0.4	60.9	Dir. City Centre, Arran Quay, R148	Traffic Lights	Straight	8:36	8:36	8:35	8:49	8:49	8:48
0.3	0.5	60.8	Dir. City Centre, Inns Quay, R148	Traffic Lights	Straight	8:36	8:36	8:36	8:49	8:49	8:49
0.6	0.9	60.4	Dir. City Centre, Ormond Quay Upper, R148	Traffic Lights	Straight	8:37	8:37	8:36	8:50	8:50	8:49
0.6	0.9	60.4	Dir. City Centre, Ormond Quay Lower, R148	Traffic Lights	Straight	8:37	8:37	8:36	8:50	8:50	8:49
0.7	1.2	60.1	Junction on left			8:38	8:38	8:37	8:51	8:51	8:50
0.9	1.5	59.8	Dir. Dublin Port, Eden Quay (O Connell Bridge), R105	Traffic Lights	Straight	8:39	8:38	8:38	8:52	8:51	8:51
1.0	1.6	59.7	Dir. Dublin Port, Eden Quay, R105	Traffic Lights	Straight	8:40	8:39	8:38	8:53	8:52	8:51
1.1	1.8	59.5	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:40	8:39	8:38	8:53	8:52	8:51
1.2	2.0	59.3	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:41	8:40	8:39	8:54	8:53	8:52
1.5	2.4	58.9	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:42	8:41	8:39	8:55	8:54	8:52
1.7	2.7	58.6	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:43	8:41	8:40	8:56	8:54	8:53
1.8	2.9	58.4	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:44	8:42	8:41	8:57	8:55	8:54
1.9	3.0	58.3	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:44	8:42	8:41	8:57	8:55	8:54
2.2	3.6	57.7	Dir. Dublin Port, East Wall Road, R131	Roundabout	1st exit	8:46	8:44	8:42	8:59	8:57	8:55
2.4	3.9	57.4	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:47	8:44	8:43	9:00	8:57	8:56
2.5	4.1	57.2	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:47	8:45	8:43	9:00	8:58	8:56
2.6	4.2	57.1	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Left	8:48	8:45	8:43	9:01	8:58	8:56
2.9	4.7	56.6	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:49	8:46	8:44	9:02	8:59	8:57
3.2	5.2	56.1	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Right	8:51	8:48	8:45	9:04	9:01	8:58
3.4	5.4	55.9	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Straight	8:52	8:48	8:46	9:05	9:01	8:59
3.9	6.2	55.1	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Right	8:54	8:50	8:47	9:07	9:03	9:00
4.5	7.2	54.1	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:57	8:53	8:49	9:10	9:06	9:02
5.1	8.2	53.1	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	9:00	8:55	8:51	9:13	9:08	9:04
5.3	8.6	52.7	Bus Depot			9:02	8:56	8:52	9:15	9:09	9:05
5.7	9.2	52.1	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	9:04	8:58	8:54	9:17	9:11	9:07
6.3	10.1	51.2	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	9:06	9:00	8:55	9:19	9:13	9:08
6.9	11.1	50.2	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	9:10	9:02	8:57	9:23	9:15	9:10
7.8	12.5	48.8	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	9:14	9:06	9:00	9:27	9:19	9:13
8.1	13.1	48.2	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	9:16	9:07	9:02	9:29	9:20	9:15
8.3	13.4	47.9	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	9:17	9:08	9:02	9:30	9:21	9:15
8.7	14.0	47.3	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	9:19	9:10	9:03	9:32	9:23	9:16
8.9	14.4	46.9	Dir. Portmarnock, Baldoyle Road, R106	Traffic Lights	Left	9:20	9:11	9:04	9:33	9:24	9:17
9.0	14.5	46.8	Service Station - The Elphin	Service Station		9:20	9:11	9:05	9:33	9:24	9:18
9.1	14.7	46.6	Level Crossing	Caution	Caution	9:21	9:11	9:05	9:34	9:24	9:18
9.5	15.3	46.0	Baldoyle			9:23	9:13	9:06	9:36	9:26	9:19
9.5	15.3	46.0	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	9:23	9:13	9:06	9:36	9:26	9:19
9.7	15.6	45.7	Dir. Portmarnock, Coast Road, R106	Traffic Lights	Straight	9:24	9:14	9:07	9:37	9:27	9:20
9.9	16.0	45.3	Dir. Portmarnock, Coast Road, R106	Roundabout	2nd exit	9:25	9:15	9:08	9:38	9:28	9:21
10.5	16.9	44.4	Junction Left Airport			9:28	9:17	9:09	9:41	9:30	9:22
11.1	17.8	43.5	Portmarnock			9:31	9:19	9:11	9:44	9:32	9:24
11.2	18.0	43.3	Dir. Portmarnock, Strand Road, R106	Roundabout	2nd exit	9:31	9:20	9:12	9:44	9:33	9:25
11.2	18.0	43.3	Ramps x 4	Caution	Caution	9:31	9:20	9:12	9:44	9:33	9:25
11.7	18.9	42.4	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	9:34	9:22	9:14	9:47	9:35	9:27
14.0	22.6	38.7	Malahide			9:46	9:31	9:21	9:59	9:44	9:34
14.7	23.7	37.6	Dir. Town Centre, New Street	Traffic Lights	Right	9:49	9:34	9:24	10:02	9:47	9:37
14.8	23.8	37.5	Dir. Town Centre, Strand Street, R106	Traffic Lights	Left	9:50	9:34	9:24	10:03	9:47	9:37
15.5	25.0	36.3	Ramps x 9	Caution	Caution	9:53	9:37	9:26	10:06	9:50	9:39
15.7	25.3	36.0	Dir. Swords, Old Yellow Wall Road, R106	Traffic Lights	Right	9:54	9:38	9:27	10:07	9:51	9:40
16.2	26.0	35.3	Dir. Swords, Estuary Road, L6310	T Junction/Traffic Lights	Right	9:57	9:40	9:28	10:10	9:53	9:41
17.3	27.8	33.5	Dir. Swords, Mantua Road, L6310	Roundabout	1st exit	10:02	9:44	9:32	10:15	9:57	9:45
17.6	28.3	33.0	Dir. Swords, Seatown Road, L2143	Roundabout	2nd exit	10:04	9:45	9:33	10:17	9:58	9:46
17.8	28.7	32.6	Dir. Swords, Seatown Road (Swords By pass), L2143	Roundabout	2nd exit	10:05	9:46	9:34	10:18	9:59	9:47
17.9	28.8	32.5	Swords			10:05	9:47	9:34	10:18	10:00	9:47
18.1	29.2	32.1	Dir. Town Centre, North Street, L20136	T Junction	Right	10:07	9:48	9:35	10:20	10:01	9:48
18.2	29.3	32.0	Enter Swords Castle Park	Left	Left	10:07	9:48	9:35	10:20	10:01	9:48
18.2	29.3	32.0	Swords Castle Park - Feeding Station	Feeding Station		10:07	9:48	9:35	10:20	10:01	9:48
	29.5	31.8	Exit Swords Castle Park	Right	Right	10:28	10:08	9:56	10:41	10:21	10:09
18.5	29.8	31.5	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	10:28	10:09	9:56	10:41	10:22	10:09
19.5	31.4	29.9	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	10:34	10:13	9:59	10:47	10:26	10:12
20.7	33.4	27.9	Dir. Knocksedan, Ashbourne Road R125 onto R108 (Knocksedan road)	Left	Left	10:40	10:18	10:04	10:53	10:31	10:17

Miles	KM		Route			Wave 3			Wave 4		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
22.2	35.7	25.6	Dir. Airport, Knocksedan Crossroads, R108	Crossroads	Straight	10:47	10:24	10:08	11:00	10:37	10:21
23.6	38.0	23.3	Dir. St Margarets, St Margarets Roundabout, R108	Roundabout	2nd exit	10:54	10:29	10:13	11:07	10:42	10:26
25.9	41.8	19.5	Dir. Ashbourne, Kilshane Cross Roundabout, R122	Roundabout	3rd exit	11:06	10:39	10:21	11:19	10:52	10:34
26.9	43.3	18.0	Dir. Blanchardstown, Kilshane Cross, R135	Crossroads	Straight	11:11	10:43	10:24	11:24	10:56	10:37
28.2	45.4	15.9	Dir. Blanchardstown, Kilshane Rd. roundabout onto Kilshane Way	Roundabout	3rd exit	11:18	10:48	10:28	11:31	11:01	10:41
28.9	46.5	14.8	Dir. Blanchardstown, Corduff Road	Roundabout	1st exit	11:21	10:51	10:31	11:34	11:04	10:44
29.3	47.2	14.1	Dir. Ballycoolin, Corduff Road, L3095	Roundabout	2nd exit	11:23	10:52	10:32	11:36	11:05	10:45
29.8	48.0	13.3	Dir. Ballycoolin, Ballycoolin Road, R843	Roundabout	1st exit	11:26	10:54	10:34	11:39	11:07	10:47
30.2	48.7	12.6	Dir. Blanchardstown, Snugborough, R843	Roundabout	3rd exit	11:28	10:56	10:35	11:41	11:09	10:48
30.9	49.7	11.6	National Sports Campus	Traffic Lights	Left	11:31	10:59	10:37	11:44	11:12	10:50
30.9	49.7	11.6	National Sports Campus - Feeding Station 	Feeding Station		11:31	10:59	10:37	11:44	11:12	10:50
31.0	50.0	11.3	National Sports Campus	Roundabout	3rd exit	11:52	11:19	10:58	12:05	11:32	11:11
31.3	50.5	10.8	National Sports Campus	T Junction	Right	11:54	11:21	10:59	12:07	11:34	11:12
31.7	51.0	10.3	National Sports Campus	Left	Left	11:55	11:22	11:00	12:08	11:35	11:13
32.3	52.0	9.3	Exit - National Sports Campus, Caution Cattle Grid	T Junction	Right	11:59	11:24	11:02	12:12	11:37	11:15
32.3	52.0	9.3	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	11:59	11:24	11:02	12:12	11:37	11:15
32.8	52.8	8.5	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	12:01	11:26	11:04	12:14	11:39	11:17
32.9	53.0	8.3	Dir. Finglas, Rathoath Road, L3090	Roundabout	2nd exit	12:02	11:27	11:04	12:15	11:40	11:17
33.9	54.6	6.7	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	12:07	11:31	11:07	12:20	11:44	11:20
34.3	55.2	6.1	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	12:09	11:32	11:09	12:22	11:45	11:22
33.0	53.2	8.1	Dir. Cabra, Rathoath Road, L3090	Traffic Lights	Straight	12:02	11:27	11:04	12:15	11:40	11:17
35.3	56.9	4.4	Ramps x 2	Caution	Caution	12:14	11:37	11:12	12:27	11:50	11:25
35.0	56.4	4.9	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	12:12	11:35	11:11	12:25	11:48	11:24
35.0	56.4	4.9	Ramps x 3	Caution	Caution	12:12	11:35	11:11	12:25	11:48	11:24
35.9	57.8	3.5	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	12:17	11:39	11:14	12:30	11:52	11:27
36.0	58.0	3.3	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	12:18	11:39	11:14	12:31	11:52	11:27
36.1	58.1	3.2	Dir. City Centre, Old Cabra Road, R805	Traffic Lights	Straight	12:18	11:40	11:15	12:31	11:53	11:28
36.1	58.1	3.2	Ramps x 6	Caution	Caution	12:18	11:40	11:15	12:31	11:53	11:28
36.6	58.9	2.4	Dir. City Centre, Prussia Street, R805	Traffic Lights	Straight	12:20	11:42	11:16	12:33	11:55	11:29
37.1	59.8	1.5	Dir. City Centre, North King Street	Traffic Lights	Left	12:23	11:44	11:18	12:36	11:57	11:31
37.9	61.0	0.3	Dir. City Centre, Queen Street, R804	Traffic Lights	Right	12:27	11:47	11:21	12:40	12:00	11:34
37.9	61.0	0.3	Dir. City Centre, Queen Street, R804	Yield Sign	Right	12:27	11:47	11:21	12:40	12:00	11:34
38.0	61.2	0.1	Dir. Generator Hostel, Haymarket	Left	Left	12:28	11:47	11:21	12:41	12:00	11:34
38.1	61.3	0.0	Generator Hostel, Smithfield 	Finish Line	Finish	12:28	11:48	11:21	12:41	12:01	11:34

* Route Subject to license