




Great Dublin Bike Ride - Sunday 24th September 2017

Route - 99.1km

Miles	KM		Route			Wave 1			Wave 2		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
0.0	0.0	99.1	Smithfield	Start	Rolling Start	8:00	8:00	8:00	8:15	8:15	8:15
0.0	0.0	99.1	Luas Line	Traffic Lights	Straight	8:00	8:00	8:00	8:15	8:15	8:15
0.1	0.1	99.0	Dir. City Centre, Arran Quay, R148	Left	Left	8:00	8:00	8:00	8:15	8:15	8:15
0.2	0.4	98.7	Dir. City Centre, Arran Quay, R148	Traffic Lights	Straight	8:01	8:01	8:00	8:16	8:16	8:15
0.3	0.5	98.6	Dir. City Centre, Inns Quay, R148	Traffic Lights	Straight	8:01	8:01	8:01	8:16	8:16	8:16
0.6	0.9	98.2	Dir. City Centre, Ormond Quay Upper, R148	Traffic Lights	Straight	8:02	8:02	8:01	8:17	8:17	8:16
0.6	0.9	98.2	Dir. City Centre, Ormond Quay Lower, R148	Traffic Lights	Straight	8:02	8:02	8:01	8:17	8:17	8:16
0.7	1.2	97.9	Junction on left			8:03	8:03	8:02	8:18	8:18	8:17
0.9	1.5	97.6	Dir. Dublin Port, Eden Quay (O Connell Bridge), R105	Traffic Lights	Straight	8:04	8:03	8:03	8:19	8:18	8:18
1.0	1.6	97.5	Dir. Dublin Port, Eden Quay, R105	Traffic Lights	Straight	8:05	8:04	8:03	8:20	8:19	8:18
1.1	1.8	97.3	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:05	8:04	8:03	8:20	8:19	8:18
1.2	2.0	97.1	Dir. Dublin Port, Custom House Quay, R801	Traffic Lights	Straight	8:06	8:05	8:04	8:21	8:20	8:19
1.5	2.4	96.7	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:07	8:06	8:04	8:22	8:21	8:19
1.7	2.7	96.4	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:08	8:06	8:05	8:23	8:21	8:20
1.8	2.9	96.2	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:09	8:07	8:06	8:24	8:22	8:21
1.9	3.0	96.1	Dir. Dublin Port, North Wall Quay, R801	Traffic Lights	Straight	8:09	8:07	8:06	8:24	8:22	8:21
2.2	3.6	95.5	Dir. Dublin Port, East Wall Road, R131	Roundabout	1st exit	8:11	8:09	8:07	8:26	8:24	8:22
2.4	3.9	95.2	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:12	8:09	8:08	8:27	8:24	8:23
2.5	4.1	95.0	Dir. Dublin Port, East Wall Road, R131	Traffic Lights	Straight	8:12	8:10	8:08	8:27	8:25	8:23
2.6	4.2	94.9	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Left	8:13	8:10	8:08	8:28	8:25	8:23
2.9	4.7	94.4	Dir. Clontarf, East Wall Road, R131	Traffic Lights	Straight	8:14	8:11	8:09	8:29	8:26	8:24
3.2	5.2	93.9	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Right	8:16	8:13	8:10	8:31	8:28	8:25
3.4	5.4	93.7	Dir. Clontarf, Alfie Byrne Road, R834	Traffic Lights	Straight	8:17	8:13	8:11	8:32	8:28	8:26
3.9	6.2	92.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Right	8:19	8:15	8:12	8:34	8:30	8:27
4.5	7.2	91.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:22	8:18	8:14	8:37	8:33	8:29
5.1	8.2	90.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:25	8:20	8:16	8:40	8:35	8:31
5.3	8.6	90.5	Bus Depot			8:27	8:21	8:17	8:42	8:36	8:32
5.7	9.2	89.9	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:29	8:23	8:19	8:44	8:38	8:34
6.3	10.1	89.0	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:31	8:25	8:20	8:46	8:40	8:35
6.9	11.1	88.0	Dir. Clontarf, Clontarf Road, R807	Traffic Lights	Straight	8:35	8:27	8:22	8:50	8:42	8:37
7.8	12.5	86.6	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:39	8:31	8:25	8:54	8:46	8:40
8.1	13.1	86.0	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:41	8:32	8:27	8:56	8:47	8:42
8.3	13.4	85.7	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:42	8:33	8:27	8:57	8:48	8:42
8.7	14.0	85.1	Dir. Howth, Howth Road, R105	Traffic Lights	Straight	8:44	8:35	8:28	8:59	8:50	8:43
8.9	14.4	84.7	Dir. Portmarnock, Baldoye Road, R106	Traffic Lights	Left	8:45	8:36	8:29	9:00	8:51	8:44
9.0	14.5	84.6	Service Station - The Elphin	Service Station		8:45	8:36	8:30	9:00	8:51	8:45
9.1	14.7	84.4	Level Crossing	Caution	Caution	8:46	8:36	8:30	9:01	8:51	8:45
9.5	15.3	83.8	Baldoye			8:48	8:38	8:31	9:03	8:53	8:46
9.5	15.3	83.8	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	8:48	8:38	8:31	9:03	8:53	8:46
9.7	15.6	83.5	Dir. Portmarnock, Coast Road, R106	Traffic Lights	Straight	8:49	8:39	8:32	9:04	8:54	8:47
9.9	16.0	83.1	Dir. Portmarnock, Coast Road, R106	Roundabout	2nd exit	8:50	8:40	8:33	9:05	8:55	8:48
10.5	16.9	82.2	Junction Left Airport			8:53	8:42	8:34	9:08	8:57	8:49
11.1	17.8	81.3	Portmarnock			8:56	8:44	8:36	9:11	8:59	8:51
11.2	18.0	81.1	Dir. Portmarnock, Strand Road, R106	Roundabout	2nd exit	8:56	8:45	8:37	9:11	9:00	8:52
11.2	18.0	81.1	Ramps x 4	Caution	Caution	8:56	8:45	8:37	9:11	9:00	8:52
11.7	18.9	80.2	Dir. Portmarnock, Strand Road, R106	Traffic Lights	Straight	8:59	8:47	8:39	9:14	9:02	8:54
14.0	22.6	76.5	Malahide			9:11	8:56	8:46	9:26	9:11	9:01
14.7	23.7	75.4	Dir. Town Centre, New Street	Traffic Lights	Right	9:14	8:59	8:49	9:29	9:14	9:04
14.8	23.8	75.3	Dir. Town Centre, Strand Street, R106	Traffic Lights	Left	9:15	8:59	8:49	9:30	9:14	9:04
15.5	25.0	74.1	Ramps x 9	Caution	Caution	9:18	9:02	8:51	9:33	9:17	9:06
15.7	25.3	73.8	Dir. Swords, Old Yellow Wall Road, R106	Traffic Lights	Right	9:19	9:03	8:52	9:34	9:18	9:07
16.2	26.0	73.1	Dir. Swords, Estuary Road, L6310	T Junction/Traffic Lights	Right	9:22	9:05	8:53	9:37	9:20	9:08
17.3	27.8	71.3	Dir. Swords, Mantua Road, L6310	Roundabout	1st exit	9:27	9:09	8:57	9:42	9:24	9:12
17.6	28.3	70.8	Dir. Swords, Seatown Road, L2143	Roundabout	2nd exit	9:29	9:10	8:58	9:44	9:25	9:13
17.8	28.7	70.4	Dir. Swords, Seatown Road (Swords By pass), L2143	Roundabout	2nd exit	9:30	9:11	8:59	9:45	9:26	9:14
17.9	28.8	70.3	Swords			9:30	9:12	8:59	9:45	9:27	9:14
18.1	29.2	69.9	Dir. Town Centre, North Street, L20136	T Junction	Left	9:32	9:13	9:00	9:47	9:28	9:15
18.2	29.3	69.8	Dir. Town Centre, Bridge Street, L2066	Traffic Lights	Straight	9:32	9:13	9:00	9:47	9:28	9:15
18.4	29.6	69.5	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	9:33	9:14	9:01	9:48	9:29	9:16
19.2	30.9	68.2	Dir. Ashbourne, Rathbeale Road, R125	Traffic Lights	Straight	9:37	9:17	9:03	9:52	9:32	9:18
20.7	33.3	65.8	Dir. Ballyboughal, Naul Road, R108	Right	Right	9:45	9:23	9:08	10:00	9:38	9:23

Miles	KM		Route			Wave 1			Wave 2		
From Start	From Start	To Finish	Description	Feature	Instruction	19 km/h	24 km/h	29 km/h	19 km/h	24 km/h	29 km/h
23.9	38.5	60.6	Ballyboughal			10:01	9:36	9:19	10:16	9:51	9:34
24.0	38.7	60.4	Ramps x 2	Caution	Caution	10:02	9:36	9:20	10:17	9:51	9:35
28.5	45.8	53.3	Dir. Clann Mhuire GFC, R122	Left	Left	10:24	9:54	9:34	10:39	10:09	9:49
28.6	46.0	53.1	Clann Mhuire GFC - Feeding Station		Feeding Station	10:25	9:55	9:35	10:40	10:10	9:50
28.6	46.0	53.1	Dir. Naul, R122	Right	Right	10:45	10:15	9:55	11:00	10:30	10:10
28.7	46.2	52.9	Naul Road, R122	T Junction	Left	10:45	10:15	9:55	11:00	10:30	10:10
29.9	48.1	51.0	Right hand bend	Caution	Caution	10:51	10:20	9:59	11:06	10:35	10:14
30.1	48.5	50.6	Left hand bend	Caution	Caution	10:53	10:21	10:00	11:08	10:36	10:15
30.9	49.7	49.4	Dir Navan, Naul Road,	Crossroads	Left	10:56	10:24	10:02	11:11	10:39	10:17
32.5	52.3	46.8	Left hand bend	Caution	Caution	11:05	10:30	10:08	11:20	10:45	10:23
33.2	53.5	45.6	Dir. Navan, Fowlerstown, L1004-18	Crossroads	Straight	11:08	10:33	10:10	11:23	10:48	10:25
35.5	57.1	42.0	Dir. Ardcaith, L1618	T Junction	Left	11:20	10:42	10:18	11:35	10:57	10:33
36.5	58.8	40.3	Ardcaith			11:25	10:47	10:21	11:40	11:02	10:36
39.6	63.7	35.4	Garristown			11:41	10:59	10:31	11:56	11:14	10:46
39.8	64.1	35.0	Garristown - Service Station	Service Station		11:42	11:00	10:32	11:57	11:15	10:47
40.0	64.4	34.7	Dir. Ashbourne	Crossroads	Right	11:43	11:01	10:33	11:58	11:16	10:48
41.6	66.9	32.2	Right Hand Bend	Caution	Caution	11:51	11:07	10:38	12:06	11:22	10:53
41.7	67.1	32.0	S Bend	Caution	Caution	11:51	11:07	10:38	12:06	11:22	10:53
42.1	67.8	31.3	S Bend	Caution	Caution	11:54	11:09	10:40	12:09	11:24	10:55
42.3	68.0	31.1	Left Hand Bend	Caution	Caution	11:54	11:10	10:40	12:09	11:25	10:55
43.6	70.1	29.0	Dir. Ashbourne, R135	T Junction	Left	12:01	11:15	10:45	12:16	11:30	11:00
43.6	70.2	28.9	Dir. Rathoth, Ballybin Road	Traffic Lights/T Junction	Right	12:01	11:15	10:45	12:16	11:30	11:00
44.8	72.1	27.0	Left hand bend	Caution	Caution	12:07	11:20	10:49	12:22	11:35	11:04
45.9	73.9	25.2	Dir. Swords, R125	T Junction	Left	12:13	11:24	10:52	12:28	11:39	11:07
46.2	74.3	24.8	Dir. Kilbride, L3080	Right	Right	12:14	11:25	10:53	12:29	11:40	11:08
50.2	80.8	18.3	Kilbride			12:35	11:42	11:07	12:50	11:57	11:22
52.3	84.2	14.9	Dir. Finglas, L3080	Roundabout	2nd exit	12:45	11:50	11:14	13:00	12:05	11:29
52.8	84.9	14.2	Dir. Ballycoolin	Roundabout	2nd exit	12:48	11:52	11:15	13:03	12:07	11:30
53.3	85.7	13.4	Dir. Ballycoolin (60km route joins)	Roundabout	2nd exit	12:50	11:54	11:17	13:05	12:09	11:32
53.4	86.0	13.1	Dir. Ballycoolin, Corduff Road, L3095	Roundabout	2nd exit	12:51	11:55	11:17	13:06	12:10	11:32
53.9	86.8	12.3	Dir. Ballycoolin, Ballycoolin Road, R843	Roundabout	1st exit	12:54	11:57	11:19	13:09	12:12	11:34
54.4	87.5	11.6	Dir. Blanchardstown, Snugborough, R843	Roundabout	3rd exit	12:56	11:58	11:21	13:11	12:13	11:36
55.0	88.5	10.6	National Sports Campus	Traffic Lights	Left	12:59	12:01	11:23	13:14	12:16	11:38
55.2	88.8	10.3	National Sports Campus	Roundabout	3rd exit	13:00	12:02	11:23	13:15	12:17	11:38
55.2	88.8	10.3	National Sports Campus - Feeding Station		Feeding Station	13:00	12:02	11:23	13:15	12:17	11:38
55.5	89.3	9.8	National Sports Campus	T Junction	Right	13:22	12:23	11:44	13:37	12:38	11:59
55.8	89.8	9.3	National Sports Campus	Left	Left	13:23	12:24	11:45	13:38	12:39	12:00
56.4	90.8	8.3	Exit - National Sports Campus,	T Junction	Right	13:26	12:27	11:47	13:41	12:42	12:02
56.4	90.8	8.3	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	13:26	12:27	11:47	13:41	12:42	12:02
56.9	91.6	7.5	Dir. Finglas, Ballycoolin Road, L3090	Traffic Lights	Straight	13:29	12:29	11:49	13:44	12:44	12:04
57.0	91.8	7.3	Dir. Finglas, Rathoath Road, L3090	Roundabout	2nd exit	13:29	12:29	11:49	13:44	12:44	12:04
58.0	93.4	5.7	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	13:34	12:33	11:53	13:49	12:48	12:08
58.4	94.0	5.1	Dir. Finglas, Rathoath Road, L3090	Traffic Lights	Straight	13:36	12:35	11:54	13:51	12:50	12:09
59.0	95.0	4.1	Dir. Cabra, Rathoath Road, L3090	Traffic Lights	Straight	13:40	12:37	11:56	13:55	12:52	12:11
59.5	95.7	3.4	Ramps x 2	Caution	Caution	13:42	12:39	11:58	13:57	12:54	12:13
59.8	96.2	2.9	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:43	12:40	11:59	13:58	12:55	12:14
59.8	96.2	2.9	Ramps x 3	Caution	Caution	13:43	12:40	11:59	13:58	12:55	12:14
60.0	96.6	2.5	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:45	12:41	11:59	14:00	12:56	12:14
60.1	96.8	2.3	Dir. Cabra, Rathoath Road, L3090	Roundabout	2nd exit	13:45	12:42	12:00	14:00	12:57	12:15
60.2	96.9	2.2	Dir. City Centre, Old Cabra Road, R805	Traffic Lights	Straight	13:46	12:42	12:00	14:01	12:57	12:15
60.2	96.9	2.2	Ramps x 6	Caution	Caution	13:46	12:42	12:00	14:01	12:57	12:15
60.7	97.7	1.4	Dir. City Centre, Prussia Street, R805	Traffic Lights	Straight	13:48	12:44	12:02	14:03	12:59	12:17
61.3	98.6	0.5	Dir. City Centre, North King Street	Traffic Lights	Left	13:51	12:46	12:04	14:06	13:01	12:19
61.4	98.8	0.3	Dir. City Centre, Queen Street, R804	Traffic Lights	Right	13:52	12:47	12:04	14:07	13:02	12:19
61.4	98.8	0.3	Dir. City Centre, Queen Street, R804	Yield Sign	Right	13:52	12:47	12:04	14:07	13:02	12:19
61.5	99.0	0.1	Dir. Generator Hostel, Haymarket	Left	Left	13:52	12:47	12:04	14:07	13:02	12:19
61.6	99.1	0.0	Generator Hostel, Smithfield		Finish Line	13:52	12:47	12:05	14:07	13:02	12:20

* Route Subject to license